



June 2024

Dates to Remember

Thursday, July 4th – OSU closed for Independence Day – Holiday leave

Friday, July 5th – OSU campus closed – Administrative leave



Summer Catapult Health Screenings

Appointments are available for Catapult screenings on OKC Campus

Premium credits for Catapult screenings completed after July 1st begin the first of the month following the screening and are good through Dec. 2025. Watch for more Catapult appointments this fall.

Summer 2024 Clinics:

July 17th (Wednesday) SC Pistol Pete conf room

July 18th (Thursday) SC Pistol Pete conf room

Schedule a time for your [Catapult health screening](#).

Catapult conducts free, confidential health screenings on the Stillwater campus for your convenience. The screening consists of a diagnostic blood test, measured biometrics, family medical history and a personal health report. Catapult health screenings are available for employees and their covered spouses enrolled in one of the OSU BlueCross BlueShield health plans (BlueOptions or BlueEdge). New hire benefits must be effective prior to the health screening appointment. Employees who complete the Catapult screening receive a \$30/month health plan premium credit, effective the first of the month following the screening. As a reminder, premium credits for screenings completed after July 1 begin the first of the following month and continue through December 2025.

New in 2024, Catapult will be going to a 100% Tasso clinic model. Benefits to this clinic model include:

- Eliminated the experience of a painful needle finger prick!
- Takes only 10-15 minutes to complete your blood draw and measurements vs. 40 minutes.
- Complete your NP consultation from the privacy of your home and at a time that works best for you.
- A1C measurement for all participants.

Schedule a screening [here](#) or call [877-373-9974](tel:877-373-9974).

Changes to Staff Sick Leave Approved

OSU Board of Regents approves changes to staff sick leave policy

The OSU/A&M Board of Regents has approved changes to the Sick Leave for Staff Policy, effective June 14, 2024, and applicable to full-time (.50 FTE or greater) staff at all OSU/A&M system agencies.

The policy was modified for consistency in language with other university policies, and to provide clarification in aligning the leave accrual process to Banner and Family and Medical Leave Act needs.

Significant policy changes include:

- Further defined illness to include mental health.
- Added foster children within the definition of immediate family and a sick leave provision of up to six weeks (240 hours) for placement/adoption purposes.
- Removed application for five days of sick leave; replaced with utilization of sick leave upon completion and approval of FMLA paperwork.
- Added that employees with a sick leave balance of 960 hours may use it as credit toward one year of OSU service in relation to OSU retirement criteria.
- Clarified that staff should contact University Human Resources for FMLA paperwork.

Review the full policy [here](#). For more information or questions regarding these changes, please contact your Human Resources Consultant or branch campus Human Resources department.

Pilot Launch of Paid Medical Leave Pool

Oklahoma State University is pleased to announce the pilot launch of a Paid Medical Leave Pool, effective Monday, July 1.

The Paid Medical Leave Pool supports OSU employees by providing pay when they are impacted by catastrophic medical occurrences and have exhausted their available accrued leave.

The leave may be used for the employee, or for caring for a qualifying dependent with an extreme, life-threatening illness, injury, impairment, or physical or mental condition.

Those approved for Paid Medical Leave Pool benefits will be in paid status and, with the exception of leave accruals, continue to receive benefits equal to those received before the start of the leave.

Employees with two or more years of continuous OSU service are eligible to apply for this benefit. Additional information and FAQs are available [here](#).

For any questions, email absence@okstate.edu or call 405.744.7401.

New to FSA or HSA Plans?

If you just elected to participate in a Flexible Spending Account (FSA) or a Health Savings Account (HSA), be sure to create a login with the respective vendors to access your FSA or HSA card for spending.

FSA – Chard-Snyder

<https://www.chard-snyder.com/>

Customer service: 800-982-7715 or request account assistance with askpenny@chard-snyder.com

HSA – HealthEquity

<https://my.healthequity.com/ClientLogin.aspx>

Member Services: 877-750-0934

TIAA Retirement Planning

In-Person Meetings Available

Our TIAA representative, Jon Stiles, can meet with you for one-on-one consultations. If you are interested, please schedule a meeting at <https://shared.tiaa.org/public/publictools/events/meetingatworkplace> and choose from the available appointments for OSU-OKC. The customer service staff is equipped to answer most questions at 1-800-842-2776. You can also log on to www.tiaa.org/okstate to access the specifics on your accounts and schedule appointments.

OKC appointment times:

Wed. July 24th 8:30am – 4:30pm, Pistol Pete room

Wed. Aug 28th 8:30am – 4:30pm, Pistol Pete room

Wed. Sep 25th 8:30am – 4:30pm, Pistol Pete room

Counseling and Support

The [Counseling and Support](#) website lists available community resources and student support resources. You will also find links to the Student Wellness newsletter, a mental health activity calendar, and a link to the [Wellness Center](#) site. For more information, please reach out to Ross Duren.

Ross Duren, LMSW
Administration Building, Rm 101
405-945-3346
ross.duren@okstate.edu

Employee Assistance Program

The Employee Assistance Program (EAP) provides employees and their dependents with options for confidential counseling, work-life solutions, legal support, financial information, and wellness guidance. These services are offered by *GuidanceResources* at no cost to OSU-OKC employees. For more information about the program and how to contact *GuidanceResources*, check out the link on the OSU website. <https://hr.okstate.edu/benefits/guidanceresources.html>

Download the ComPsych® GuidanceNowSM Mobile App

Employee Updates

New Employees

Name	Title	Dept.	Hire Date
May Hoheisel	Director	Admissions	6/5/2024
Makayla Northam	CRM Administrator/Developer	Enterprise Systems	6/5/2024
Steve Nascimbeni	Coordinator	Creative Services	6/3/2024
Dr. Nakia Troutman	Assistant VP of Special Projects	Student Services	5/29/2024

Employee Departures

Name	Title	Dept.	Last Day
Andrew Wilmes	Director	Enterprise Systems	6/28/2024
Debbie McCoy	Military Student Svcs. Coordinator	Records & Registrar	6/28/2024
Kennedy Essmiller	Director	Academic Advisement	6/23/2024

Ruth McGehee
Jacob Buchanan

Administrative Specialist
Academic Advisor

Operations VP
Academic Advisement

6/12/2024
6/7/2024

Human Resources Team



Email: okc.humanresources@okstate.edu